

January 2018

	Tuesday	Wednesday	Thursday	Friday
7 <u>BREAKFAST:</u> Pancake Wrap w/ Syrup, NutriGrain Bar w/ toast or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Chicken Tenders w/ roll or Bowl of Chili w/ Goldfish Crackers, Assorted Fruits & Vegetables, Milk	8 <u>BREAKFAST:</u> Sausage & Egg Biscuit or Cereal w/ Toast, Flavored Bread, Assorted Fruits, Milk <u>LUNCH:</u> Sloppy Joe or Beef Soft Taco, Fiesta Refried Beans, Assorted Fruits & Vegetables, Milk	9 <u>BREAKFAST:</u> Breakfast Pizza, Yogurt Parfait w/ Graham Crackers & Granola or Cereal w/ Toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> BBQ Rib Sandwich or Chicken Alfredo Bake, Buttery Corn, Assorted Fruits & Vegetables, Milk	10 <u>BREAKFAST:</u> Chicken & Biscuit w/ Gravy, Pop Tart w/ Toast or Cereal w/ Toast, Assorted Fruits, Milk <u>LUNCH:</u> Teriyaki Chicken w/ Rice or Corn Dog, Sweet Potato Fries, Assorted Fruits & Vegetables, Milk	11 <u>BREAKFAST:</u> Breakfast Hammie, Assorted Muffins w/ Toast or Cereal w/ Toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Fish Nuggets w/ Bread or Homemade Pizza, Seasoned Peas, Assorted Fruits & Vegetables, Milk
14 <u>BREAKFAST:</u> French Toast Sticks w/ Syrup, Assorted Muffins w/ toast or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Chicken Nuggets w/ bread or Meatball Sub Sandwich, Buttery Corn, Assorted Fruits & Vegetables, Milk	15 <u>BREAKFAST:</u> Biscuit w/ Sausage Gravy, Cereal Bar w/ toast or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Hot Dog or choice of Beef & Cheese or BBQ Chicken & Cheese Nachos, Roasted Sweet Potatoes, Assorted Fruits & Vegetables, Milk	16 <u>BREAKFAST:</u> Breakfast Pizza, Yogurt Parfait w/ Graham Crackers & Granola or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> BBQ Pulled Pork Sandwich or Chicken Patty, Baked Beans, Assorted Fruits & Vegetables, Milk	17 <u>BREAKFAST:</u> Egg & Cheese Biscuit or Cereal w/ Toast, Flavored Bread, Assorted Fruits, Milk <u>LUNCH:</u> Orange Chicken w/ Rice or Ham & Cheese Sandwich, Steamed Broccoli, Assorted Fruits & Vegetables, Milk	18 <u>BREAKFAST:</u> Cheesy Scrambled Eggs w/ Toast, Pop Tart w/ Toast or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Popcorn Chicken Bowl w/ Roll or Cheese Pizza, Mashed Potatoes w/ Gravy, Assorted Fruits & Vegetables, Milk
21 <u>NO SCHOOL</u>	22 <u>BREAKFAST:</u> Oatmeal w/ Raisins, Chocolate Ultimate Breakfast Round or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Teriyaki Chicken w/ Rice or BBQ Rib Sandwich, Garlicky Green Beans, Assorted Fruits & Vegetables, Milk	23 <u>BREAKFAST:</u> Breakfast Pizza, Flavored Bread or Cereal w/ Toast, Assorted Fruits, Milk <u>LUNCH:</u> Beef Soft Tacos or Chicken Patty, Sweet Potato Fries, Assorted Fruits & Vegetables, Milk	24 <u>BREAKFAST:</u> Colby Cheese Omelet w/ Toast, Assorted Muffins w/ toast or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Sloppy Joe or Turkey & Gravy over Noodles w/ roll, Seasoned Peas, Assorted Fruits & Vegetables, Milk	25 <u>BREAKFAST:</u> Pancakes w/ Syrup, Yogurt Parfait w/ Graham Crackers & Granola or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Grilled Cheese w/ Tomato Sauce or Pepperoni Pizza, Buttery Corn, Assorted Fruits & Vegetables, Milk
28 <u>BREAKFAST:</u> Pancake Wrap w/ Syrup, NutriGrain Bar w/ toast or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Orange Chicken w/ Rice or Turkey & Cheese Sandwich, Seasoned Peas, Assorted Fruits & Vegetables, Milk	29 <u>BREAKFAST:</u> Sausage & Egg Biscuit, Flavored Bread or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Spaghetti & Meat Sauce w/ Garlic Toast or Cheeseburger, Buttery Corn, Assorted Fruits & Vegetables, Milk	30 <u>BREAKFAST:</u> Breakfast Pizza, Yogurt Parfait w/ Graham Crackers & Granola or Cereal w/ toast, Assorted Fruits, 100% Fruit Juice, Milk <u>LUNCH:</u> Corn Dog or BBQ Chicken Sandwich, Potato Wedges, Assorted Fruits & Vegetables, Milk	31 <u>BREAKFAST:</u> Chicken & Biscuit w/ Gravy, Pop Tart w/ toast or Cereal w/ toast, Assorted Fruits, Milk <u>LUNCH:</u> Chicken Quesadilla or Ham & Cheese Sandwich, Glazed Carrots, Assorted Fruits & Vegetables, Milk	