

EMOTIONAL DISTURBANCE **RESOURCES, DEFINITION & CRITERIA**

Local Resources

BJC Behavioral Health
314-469-6644 (crisis line)
314-747-7491 (call center)
www.bjcbehavioralhealth.org

Provides and coordinates an array of mental health services for citizens residing in St. Louis City, St. Louis County, and the counties of St. Francois, Iron and Washington, Missouri. We serve as the point of entry for people eligible for services funded through the Missouri Department of Mental Health, and we also provide services under some health plans and grants.

Bridges Community Support Services
314-781-7900
www.bridgesess.com

Offers full-time residential support, part-time community support, counseling and behavior therapy, and affordable training provided in a convenient location to front-line staff and managers on a variety of required and specialized topics led by experienced and credentialed professionals.

Cardinal Glennon Children's Hospital
314-577-5600
www.cardinalglennon.com

CHADS Coalition for Mental Health – the Dora Project
314-952-8274
www.chadscoalition.org
CHADS offers school outreach programs, community awareness presentations and classes as well as family support programs to advance the

awareness and prevention of depression and suicide.

Epworth Children & Family Services
314-961-5718
www.epworth.org

Provides emergency shelter, residential and intensive treatment, family reunification therapy, transitional and independent living programs, special education and a 24-hour help line.

Great Circle
844-424-3577
<https://www.greatcircle.org/>
Residential and day treatment, special education, evaluation and in-home respite care services for children ages 5 to 17 who are severely emotionally or behaviorally disturbed.

Hawthorn Children's Psychiatric Hospital
314-512-7800
<http://dmh.mo.gov/hcph/>
Hawthorn is a children's psychiatric hospital that is owned and operated by the Missouri Department of Mental Health.

Hopewell Center
2012 Dr. Martin Luther King Dr
St. Louis, MO 63106
314-531-1770
www.hopewellcenter.com
Not for profit that provides comprehensive mental health services to the Metropolitan St. Louis community.

Marygrove
314-830-6201
www.marygrovechildren.org

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Provides residential treatment, day treatment, psychotherapy, out patient, diagnostic treatment and respite care for children who have severe anxiety, conduct disorders, depression, ADD, post-traumatic stress disorders and other problems.

Missouri Institute of Mental Health
314-516-8400

<https://www.mimh.edu/>

Mission is to improve and transform mental health outcomes through innovative research and program development, program evaluation, community outreach, and professional training.

National Alliance on Mental Illness (NAMI) St. Louis
314-962-4670

www.namistl.org

Provides support, education, advocacy and research for families and friends of people with serious mental illness. HELPLine, library, newsletter, support groups.

Provident Counseling
314-533-8200

www.providentstl.org

Provides mental health counseling and treatment for problems such as depression, stress, family conflict and more.

Psychological Services Center
St. Louis University – Morrissey Hall
314-977-2278

<http://www.slu.edu/departments-of-psychology-home/centers-and-clinics/psychological-services-center>

Psychological counseling including behavior therapy and treatment for stress, anxiety and depression.

The Self Help Center

314-200-HELP

<http://selfhelpcenter.org>

Provides wellness and recovery programs for the adult population age 18 and older who are living with symptoms of mental illness and/or substance use disorders.

St. Anthony's Hyland Behavioral Health Center

314-525-4400

<http://www.stanthonysmedcenter.com/medical-services/behavioral-health>

Provides adult and adolescent inpatient and outpatient services for psychiatric, chemical dependency and dual diagnostic patients.

St. Louis Children's Hospital

314-454-6154

www.stlouischildrens.org

St. Louis Empowerment Center

314-652-6100

<http://www.dbsaempowerment.org/>

Peer run recovery drop-in center designed to meet the needs of individuals who have lived experience with mental health and/or substance use issues.

St. Louis Psychiatric Rehab Center

314-877-6500

www.dmh.mo.gov/slprc/

180-bed psychiatric hospital which is operated by the Missouri Department of Mental Health

UMSL Community Psychological Services

314-516-5824

<http://www.umsl.edu/services/cps/>

Committed to offering high-quality, timely, and affordable services to individuals who would not otherwise be able to afford professional mental health care.

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State Resources

Missouri Department of Mental Health
Division of Behavioral Health
573-751-8017

www.dmh.mo.gov/mentalillness

Responsible for assuring the availability of prevention, evaluation, treatment, and rehabilitation services for individuals and families requiring public mental health services throughout the State of Missouri.

National Resources

Council for Children with Behavioral Disorders

www.ccbd.net

Works to improve educational programs for children with emotional and behavioral disturbances.

Depression and Bipolar Support Alliance

www.dbsalliance.org

International OCD Foundation

www.iocdf.org

Mental Health America

www.mentalhealthamerica.net

Provides information, public education and legislative action.

National Alliance for Mental Illness (NAMI)

<http://www.nami.org/>

Focus on educating America about mental illness, offering resources to those in need and insisting that mental illness become a high national priority.

National Federation of Families for Children's Mental Health

www.ffcmh.org

National parent-run organization to assist children and families to provide information and engage in advocacy

regarding research, prevention, early intervention, family support and more.

National Institute of Mental Health

<http://www.nimh.nih.gov/index.shtml>

Substance Abuse & Mental Health Services Administration (SAMHSA)

<http://www.samhsa.gov/>

Free information about mental health including publications, references and referral to local and national resources.

Hotlines

National Institute of Mental Health

Anxiety Disorder Hotline

888-ANXIETY

National Institute of Mental Health Panic Disorders Hotline

800-64-PANIC

National Youth Suicide Hotline

800-SUICIDE

DEFINITION AND ELIGIBILITY CRITERIA FROM APPENDIX A OF THE MISSOURI STATE PLAN

Emotional Disturbance Definition

“Emotional Disturbance” means a condition exhibiting one or more of the following characteristics over a long period of time and to a marked degree that adversely affects a child’s educational performance:

A. An inability to learn that cannot be explained by intellectual, sensory or health factors;

B. An inability to build or maintain satisfactory

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interpersonal relationships with peers and teachers;

C. Inappropriate types of behavior or feelings under normal circumstances;

D. A general pervasive mood of unhappiness or depression; and,

E. A tendency to develop physical symptoms or fears associated with personal or social problems.

The term includes schizophrenia, but does not apply to children who are socially maladjusted unless it is determined they have an emotional disturbance.

Criteria for Initial Determination of Eligibility

A child displays an emotional disturbance when:

A. Through evaluation procedures that must include observation of behavior in different environments, and an in-depth social history the child displays one of the following characteristics:

1) An inability to learn that cannot be explained by intellectual, sensory or health factors;

2) An inability to build or maintain satisfactory interpersonal relationships with peers and teachers;

3) Inappropriate types of behavior or feelings under normal circumstances;

4) A general pervasive mood of unhappiness or depression; and,

5) A tendency to develop physical symptoms or fears associated with personal or social problems.

B. The characteristic(s) must have existed to a marked degree and over an extended period of time. In most cases, an extended period of time would be a range from two (2) through nine (9) months depending upon the age of the child and the type of behavior occurring. For example, a shorter duration of disturbance that interrupts the learning process in a younger student might constitute an extended period of time. Difficulties may have occurred prior to the referral for evaluation;

C. The emotional disturbance adversely affects the child's educational performance.

NOTE: Manifestations of an emotional disturbance can be observed along a continuum ranging from normal behavior to severely disordered behavior. Children who experience and demonstrate problems of everyday living and/or those who develop transient symptoms due to a specific crisis or stressful experience are not considered to have an emotional disturbance.