

**Student Wellness Advisory Team  
September 9th, 2019**

**Mission:** The mission of the Student Wellness Team Is to educate students, parents, and staff to promote healthy lifestyles and environments In order to improve their health and performance.

**Purpose:** To provide education and promote healthy lifestyles and environment to improve the health and performance of students, parents and staff.

**Expected Outcomes:**

1. Welcome Committee Staff members
2. Updates from our AC and EPS Nurse
3. Review Policy and Regulation
4. Review Student Wellness Activities for 19-20
5. Review Updates on Sites
6. Discuss Next Steps

Upcoming Dates: 12/6/2019 Neuwoehner Conference Room 10:00 AM  
 2/18/2020 Location? 1:00 PM (Ackerman)?  
 5/4/2020 SSD Board Room 4:30 - 5:30 PM

Starting Time: 4:30 PM

Ending Time: 5:30 PM

Location: SSD Board Room

WHAT? (Content/topic)	WHO? (Presenter)	TIME REQUIRED
Welcome/Introductions	Pendergrass/Gillham/Conley	10
Nursing Updates	Conley/Gillham	15
Review Policy and Regulation	Pendergrass/Gillham/Conley	15
Discuss Student Wellness Activities for year	Pendergrass/Group	10
Review Possible Topics to be covered	All	5
Other information:		

## 1. Welcome

### Nursing Updates

- a. 48 immunizations, huge improvements. Clinic operation at North Tech. Would like to get clinic going at South Tech. Record number of physicals done at NT. Every Friday, community clinic. Not sure of the numbers. Students participating in Clinic there is a new form. Nurse also has them. Nice for parents to give consent ahead of time. Informal health training – video scope, check, ears, eyes to a Dr. provide minor prescription...in all of schools. Training in October into November. Also related to consent form.
  - b. Vaping- issue of number cases in states. Getting sick tying it back to THC. Code of conduct, violating of policy. Students have THC in Vape pens. Vamping up to Drugs. Has created, Lung disease and 3 people have died. Has hit schools. Has made trouble with drugs as well. Fentanyl, also has been a problem. Email me if you do not have the gloves... Principals have a box in their office. Would like you to be ready and more the reason why to have them dealing with student under the influence. Medium and Large sizes.
- ## 2. Review Policy and Regulation
- a. Went over entire Policy and Regulation and will look at changes to be made.
- ## 3. Discuss Student Wellness Activities for year
- a. Feed healthier food to kids. Local Police officer brought in zucchini and cucumbers and students tried them.
  - b. Fresh fruit program – Ackerman
    - a. Just recently got a blender for students who cannot eat full foods.
- ## 4. Review possible topics to be covered
- a. Love to be able to talk to about snack options. I give treats in my class...once a month. Have every teacher to teach about Wellness.